

AIRF
7/10/16

भारत सरकार Government of India
रेल मंत्रालय Ministry of Railways
(रेलवे बोर्ड) (Railway Board)

No.E(LL)/2009/HER/1

New Delhi
7.10.2016

The General Managers,
All Zonal Railways

Sub : Rest rules for Running Staff.

During PNM/AIRF meeting held on 2nd & 3rd June, 2016, a decision was taken to reiterate the existing statutory / administrative provisions pertaining to rest of running staff.

2. Therefore, it is directed that the provisions concerning rest contained in Section 133 of the Railways Act, 1989 as well as in Rule 12 of the Railway Servants (Hours of Work & Period of Rest) , Rules, 2005 should be complied strictly.
3. A far as Headquarter/Outstation rest is concerned, the existing administrative instructions may continue to be followed.

Please acknowledge receipt.


(D.V. Rao)
Director Estt.(LL)
Railway Board

Copy to: (1) The General Secretary, AIRF, New Delhi.
(2) The General Secretary, NFIR, New Delhi.

Railways Act, 1989

Section -133. Grant of periodical rest.

(1) Subject to the provisions of this section, a railway servant -

(a) whose employment is intensive or continuous shall, for every week commencing on a Sunday, be granted a rest of not less than thirty consecutive hours;

(b) whose employment is essentially intermittent shall for every week commencing on a Sunday, be granted a rest of not less than twenty-four consecutive hours including a full night.

(2) Notwithstanding anything contained in sub-section (1),-

(i) any locomotive or traffic running staff shall be granted, each month, a rest of at least four periods of not less than thirty consecutive hours each or at least five periods of not less than twenty-two consecutive hours each, including a full night;

(ii) the Central Government may, by rules, specify the railway servants to whom periods of rest on scales less than those laid down under sub-section (1) may be granted and the periods thereof.

(3) Subject to such rules as may be made in this behalf, if the prescribed authority is of the opinion that such circumstances as are referred to in sub-section (4) of section 132 are present it may exempt any railway servant from the provisions of sub-section (1) or clause (i) of sub-section (2):

Provided that a railway servant so exempted shall, in such circumstances as may be prescribed, be granted compensatory periods of rest for the periods he has foregone.